

Flour Tortillas, Heat Pressed

UPC: 000-73731-33826-1

Mission Hearty Grains® Ultra 12" Heat Pressed Flour Tortillas 6/12ct

Weights:

Net weight (lbs)	Gross weight (lbs)	Ounces/Dozen
16.5	18.0	44.000

Case/Count:	6/12 CT.
Diameter (in):	11.5 - 12.5
Moisture (%):	32 - 36
pH:	5.4 - 6.2
Color:	Light brown
Flavor:	Typical whole wheat
Shelf life:	75 days
Storage:	Store in a cool, dry place
Bread alternate:	4.0
OZ Equivalent Grain:	3.5
Case dimensions:	13.3125" x 13.3125" x 7.375"
Case cube:	.756
Ti x Hi:	9 x 6

Preparation instructions:

PREPARATION

Ambient: Ready to use.

Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let stand in bag 4 - 6 hours at room temperature.

HEATING

STEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heat to 160°F. Do not hold for more than 2 hours.

GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds.

MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high (microwaves vary for power setting and time).

STAGING

Nutrition Facts

Serving Size 1 tortilla (104g)

Servings per Package 12

Amount per Serving

Calories 300 **Calories from Fat 70**

		% Daily Value*
Total Fat	8g	12%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	410mg	17%
Total Carbohydrate	49g	16%
Dietary Fiber	5g	20%
Sugars	3g	

Protein 9g

Vitamin A	0%	Vitamin C	0%
Calcium	20%	Iron	15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

Ingredients: Water, Whole Wheat Flour, Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), Sugar, contains 2% or less of: Vital Wheat Gluten, Salt, Baking Soda, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Cellulose Gum, Guar Gum, Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness).

Allergens: WHEAT

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Approved: _____

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