



Recipes

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Macerated Strawberries

Prep Time: 10 Minutes

Cooking Time: 180

Minutes

Serves 1

Ingredients:

2 lbs. Strawberries

1 oz. Splenda® No Calorie Sweetener

2 Licorice Powder Tablets

.5 tsp. Lemon Zest

Directions:

1. Remove strawberry stems. Dice strawberries into small pieces.

2. Combine all ingredients and allow to sit refrigerated for at least three hours but no longer than six hours.