



Recipes

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Ground Buffalo

Serves 1

Ingredients:

- 1 Tbsp. Vegetable Oil
- 1 Tbsp. Garlic , minced
- 12 oz. Yellow Onions , diced
- 1 lbs. Ground Buffalo Meat
- 1/2 tsp. Kosher Salt
- 1/2 tsp. Ground Black Pepper

Directions:

1. Heat sauté pan over medium high heat. Add vegetable oil, garlic and yellow onions. Sauté 1-2 minutes.
2. Add ground buffalo and sauté until meat is no longer pink. Drain meat in colander.