



Recipes

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Tangy Mango Glaze

Serves 1

Ingredients:

2 cups Mangos , peeled, diced and seeded
1/2 cup Mango Nectar
1/4 cup Dijon Mustard
2 Tbsp. Yellow Mustard
2 Tbsp. Brown Mustard
2 Tbsp. Cider Vinegar
Salt to taste
1 Tbsp. Habenero Chile , seeded and stemmed

Directions:

1. Place all ingredients in a blender or food processor and puree until smooth.