

Recipes

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Chicken Fajitas

Serves 4

Ingredients:

Mission® 8" Heat Pressed Flour Tortilla (10410)

- 2 whole Chicken Breasts, skinned, boned and split
- 1 batch Fajita Marinade (see Related Recipe)
- 2 Onions
- 1 Green Bell Pepper , halved, stemmed and cored
- 1 Red Bell Pepper , halved, stemmed and cored

Oil for grill

Salsa Fresca (see Related Recipe)

Sour Cream or Mexican Crema

Directions:

- 1. Marinate chicken in Fajita Marinade for 1-3 hours.
- 2. Prepare a medium-hot charcoal fire or preheat broiler. Cut onions in half lengthwise, leaving the peels on. Lightly coat onions and peppers with oil. Place on charcoal grill or broiler. Allow to cook each side for 5-6 minutes, until soft. Remove from grill and remove onion peel. Slice and place in aluminum foil to keep warm.
- 3. Remove chicken from marinade. Broil or grill for five minutes. Chicken should be firm to the touch. Cut chicken into 1" strips.
- 4. Heat Mission® flour tortillas as directed on package or on grill until heated throughout.
- 5. Place chicken, grilled onions, Salsa Fresca, and sour cream (or crema) on tortillas and fold.



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Salsa Fresca

Serves 1

Ingredients:

1/2 chopped Onion, red or white

2 Tbsp. fresh Lime Juice

5 Roma (plum) Tomatoes, seeded and diced

1/2 cup fresh Cilantro stemmed and chopped

2 - 3 Jalapeno Peppers , or Serrano Chiles, stemmed,

seeded and minced

Salt, to taste

Pepper, to taste

Directions:

- 1. Combine the onions and lime juice in a medium bowl.
- 2. Add remaining ingredients except the salt.
- 3. Stir well. Season with salt and pepper and serve immediately.
- 4. Salsa Fresca is also known as Pico de Gallo. Serrano chilies can be substituted for jalapeños. The amount of chilies can be modified, depending on the desired heat level. Rinsing the onions can alleviate the harsh aftertaste.

Fajita Marinade

Serves 1

Ingredients:

1/4 cup Lime Juice

3 Green Onions, minced

5 cloves Garlic, minced

3/4 cup Vegetable Oil

1/2 tsp. Ground Cumin

1 tsp. Red Pepper Flakes

1/4 cup Fresh Cilantro, stemmed and chopped

Salt and Pepper to taste

Directions:

- 1. Combine all ingredients.
- 2. Label, date and refrigerate until ready to use.