



Recipes

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Spicy Sweet Corn Succotash

Serves 1

Ingredients:

4 ears Sweet , Corn , steamed and shucked
1/4 cup Red Bell Peppers , small dice
1/4 cup Green Bell Peppers , small dice
1/2 cup Green Onions , thinly sliced
Lime Juice (juice of 1/2 lime)
1/8 tsp. Sea Salt
1 Tbsp. Fresh Cilantro , chopped
1 Tbsp. Fresh Jalapeño , minced , seeds removed

Directions:

1. Fold all ingredients together in a mixing bowl.
2. Place in a storage container.
3. Label , Date and Refrigerate.