



Recipes

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Spaghetti Tacos

Prep Time: 40 Minutes

Cooking Time: 2 Minutes

Serves 1

Ingredients:

3 each 6" Tri-Color Corn Tortillas (07983)

6 oz. vol. Spaghetti Noodles , cooked

4 oz. vol. Bolognese Sauce , see related recipe

Grated Parmesan Cheese , to dust

Directions:

1. Fry red and white corn tortillas into tacos in 350-360 fryer.

2. Remove from fryer and drain. Hold warm.

3. Heat Bolognese sauce and toss together with spaghetti noodles.

4. Divide evenly into each taco shell and top with grated parmesan cheese.

5. Serve immediately.



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Bolognese Sauce

Serves 1

Ingredients:

1 Tbsp. Olive Oil
1 cup Yellow Onions , small dice
1/2 cup Carrots , peeled and diced
1.5 Tbsp. Fresh Garlic , minced
2 Tbsp. Fresh Basil
3/4 lb. Ground Beef
1 tsp. Savory Roasted Beef Base
2 Tbsp. Fresh Basil
20 oz. vol. Marinara Sauce

Directions:

1. Heat olive oil in saucepot over medium heat.
2. Place onions, carrots and basil together in a food processor and pulse until minced.
3. Add veggies to saucepot and sauté 2 minutes. Add ground beef and beef base.
4. Stir and break up ground beef. Continue cooking until beef loses its pink color.
5. Add marinara sauce and season with crushed red pepper if desired.
6. Bring sauce to a simmer and reduce heat to low.
7. Continue cooking 20-30 minutes.
8. Hold hot for service or cool completely until ready for use.
9. Adjust seasonings if needed.