

Recipes

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Mofongo Rellenos

Prep Time: 45 Minutes
Cooking Time: 3 Minutes

Serves 10

Ingredients:

14 each 6.5" Grill-Ready™ Par-Baked Flour Tortillas (09301)

16 oz. vol. Chicken Broth

4 each Green Plantains, peeled and quartered

8 oz. vol. Green Onions, thinly sliced

1/2 tsp. Kosher Salt

8 oz. vol. Chicharrones, crushed

Egg Wash , to brush

16 oz. vol. Onion Mojo (see related recipe)

Fresh Cilantro sprigs, to garnish

Green Onions , sliced on a bias , to garnish

Directions:

- Bring chicken stock to a simmer. Blanch plaintains for
 3 minutes. Remove plantains from broth and set
 aside.
- 2. Heat 4 oz. of vegetable oil in large sauté pan over medium high heat.
- 3. Pan fry plantains until golden brown.
- 4. Add green onions, salt and 2 oz. of onion mojo.
- 5. Ladle chicken broth in as needed to keep plantains moist.
- 6. Remove from heat and place in a mixing bowl. Mash plantains with a potato masher and fold in crushed chicharrones.
- 7. Keep warm for service.
- 8. Place grill ready tortillas on worksurface.
- 9. Mound 2 oz. of mofongo filling in the center of each tortilla.
- 10. Brush outside edges of tortilla with egg wash.



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Onion Mojo

Serves 1

Ingredients:

2 oz. vol. Olive Oil

32 oz. vol. White Onions, chopped

1 Tbsp. Fresh Garlic , chopped

2 oz. vol. Cilantro Leaves, chopped

2 oz. vol. Orange Juice

2 oz. vol. Lemon Juice

4 oz. vol. Mangos Puree

1 oz. vol. Lime Juice

1/2 tsp. Kosher Salt

Directions:

- 1. Melt butter in a large sauté pan over medium high heat.
- 2. Add onions and garlic and sauté until translucent.
- 3. Remove from heat and cool slightly.
- 4. Place onions and remaining ingredients in a blender.
- 5. Blend until smooth and pureed.
- 6. Strain sauce through a fine mesh sieve pressing against solids to extract liquid.
- 7. Place in a storage container and cool completely.
- 8. Label, Date and Refrigerate.