



Recipes

MISSIONFOODSERVICE.COM

Related Recipe(s) on the Following Page(s)

Fried Green Tomato Taco

Prep Time: 10 Minutes

Cooking Time: 3 Minutes

Serves 12

Ingredients:

24 each 5" White Corn Taco Shells (10105)
9 each Green Tomatoes , cut into 4 slices & halved
Cajun Seasoning , as needed
Egg Wash as , needed
Panko Bread Crumbs , as needed
6 oz. Baby Spring Greens
12 oz. Pico de Gallo Salsa , see related recipe
1 1/2 cups Goat Cheese Chive Dressing , see related recipe

Directions:

1. Pre-heat deep fryer to 350°F.
2. Following the same manner of standard breading procedure, dredge each tomato piece in Cajun seasoning, egg wash, and then panko bread crumbs. Reserve refrigerated.
3. To assemble each plate: Deep fry 6 tomato pieces for 2-3 minutes, or until golden brown and cooked through. In each of the two tacos, layer the following: 0.25 oz. baby greens, 3 fried tomato pieces, 0.50 oz. pico de gallo, and 1 tbsp. goat cheese chive dressing. Serve.



Recipes

MISSIONFOODSERVICE.COM

Pico de Gallo Salsa

Prep Time: 10 Minutes

Serves 1

Ingredients:

8 each Roma Tomatoes , seeded and diced
1 cup Onion , diced
2 each Jalapeno Peppers , seeded and minced
1/2 cup Cilantro , coarsely chopped
3 Tbsp. Lime Juice

Directions:

1. In a medium mixing bowl, combine all ingredients and reserve refrigerated.

Goat Cheese Chive Dressing

Prep Time: 5 Minutes

Serves 1

Ingredients:

1/4 oz. Goat Cheese
1/8 cup Sour Cream
1/8 cup Milk
1/8 oz. Chives
Salt and Pepper , as needed

Directions:

1. In a food processor, combine all ingredients, pulse until smooth. Reserve refrigerated.