



Recipes

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Lebna

Serves 1

Ingredients:

35.2 oz. Greek Yogurt , plain, without gelatin or added sugar
2 tsp. Salt

Directions:

1. Place cheesecloth in a fine mesh strainer, in another bowl. Combine salt and yogurt, mix well to combine. Place yogurt in cheesecloth and refrigerate covered for 24 hours. Discard liquid and place lebna in a sealed container and reserve.