



## Recipes

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### Cucumber Mint Raita

Serves 1

#### Ingredients:

1/2 cup Seedless cucumber, shredded, drained,  
pressed  
1 cup Greek Yogurt , whole milk, plain  
4 Tbsp. Fresh Mint , chopped  
1 each Lemon Zest  
1/2 tsp. Ground Cumin  
1 tsp. Ground Coriander  
1 tsp. Kosher Salt

#### Directions:

1. Combine all ingredients and mix thoroughly. Taste and adjust seasoning accordingly if needed.
2. Store under refrigeration until use.