



## Recipes

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### Fried Tofu Sticks

Serves 1

#### Ingredients:

1 lb. Tofu block cut into 1x1x3inch sticks (about 8 total sticks)

1 oz. Olive Oil

.5 oz. Ras el Hanout seasoning

.1 oz. Kosher Salt

#### Directions:

1. pan fry on all sides and season