



Recipes

MISSIONFOODSERVICE.COM

Hearty Grains Swordfish Fajitas

Serves 4

Ingredients:

- 4 Mission® 10" Smart Hearty Grains™ Tortilla, warm (47088))
- 1 Tbsp. Vegetable Oil
- 1 large Onion , sliced
- 1 Red Bell Pepper , sliced
- 1 Yellow Bell Pepper , sliced
- 3/4 lbs. Swordfish Steak , cut into 1/2" cubes
- 2 tsp. prepared Pesto
- 1 Tomato , sliced
- 1 Avocado , peeled, seeded and diced

Directions:

1. Heat oil in heavy, large skillet over medium-high heat.
2. Sauté the fish until almost cooked through, about 5 minutes. Add onions and peppers and sauté until tender. Remove from heat and stir in pesto.
3. Spoon seafood mixture into tortillas. Top with tomato and avocado. Fold tortillas over. Serve warm.