



Flour Tortillas, Heat Pressed

UPC: 000-73731-33822-3

Mission Hearty Grains® Ultra 6" Heat Pressed Flour Tortillas 24/12ct

Weights:

Net weight (lbs)	Gross weight (lbs)	Ounces/Dozen
19.5	21.0	13.000

Case/Count:	24/12 CT.
Diameter (in):	5.5 - 6.5
Moisture (%):	32 - 36
pH:	5.4 - 6.2
Color:	Light brown
Flavor:	Typical whole wheat
Shelf life:	75 days
Storage:	Store in a cool, dry place
Bread alternate:	1.0
OZ Equivalent Grain:	1.0
Case dimensions:	20.5" x 13.375" x 5.875"
Case cube:	.932
Ti x Hi:	7 x 7

Preparation instructions:

PREPARATION

Ambient: Ready to use.

Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let stand in bag 4 - 6 hours at room temperature.

HEATING

STEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heat to 160°F. Do not hold for more than 2 hours.

GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds.

MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high (microwaves vary for power setting and time).

STAGING

Nutrition Facts

Serving Size 1 tortilla (31g)

Servings per Package 12

Amount per Serving

Calories 90 **Calories from Fat 20**

		% Daily Value*
Total Fat	2.5g	4%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	110mg	5%
Total Carbohydrate	15g	5%
Dietary Fiber	1g	4%
Sugars	1g	
Protein	2g	

Vitamin A 0% Vitamin C 0%

Calcium 6% Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000		2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

Ingredients: Water, Whole Wheat Flour, Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), Sugar, contains 2% or less of: Vital Wheat Gluten, Salt, Baking Soda, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Cellulose Gum, Guar Gum, Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness).

Allergens: WHEAT

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