



Recipes

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Glazed Walnuts

Serves 1

Ingredients:

1.5 cups Walnut Halves or Pieces

.5 cup Maple Syrup

Directions:

1. Preheat oven to 325° F.
2. Toast walnuts on baking sheet.
3. Remove and cool at room temperature.
4. Heat maple syrup in saucepan over medium-high heat.
5. When maple syrup begins to boil, reduce heat to medium and allow to thicken, stirring occasionally with metal spoon.
6. Remove from heat and stir walnuts into syrup.
7. Immediately spread walnuts on a baking sheet. Spread evenly, allow to cool and serve.