

Angel Food Batter

Serves 1

Ingredients:

1 cup Cake Flour

3/4 cup Sugar

12 Egg Whites

1 1/2 tsp. Cream of Tartar

1 1/2 tsp. Vanilla Extract

1/2 tsp. Salt

3/4 cup Sugar

Directions:

- 1. Triple sift the flour and sugar together and set aside.
- 2. Whip the egg whites until frothy, add the cream of tartar. Whip until shiny medium stiff peaks form.
- 3. Add the vanilla, salt and sugar. Continue to whip 1 minute.
- 4. With a spatula, gently fold in the flour and sugar mixture.
- 5. Place the batter in a sealed container in the refrigerator until the batter has fallen and is slightly watery on the bottom. About 1 hour.
- 6. Gently mix the batter before adding the tortillas.