



## Recipes

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### Mexican Guacamole

Serves 1

#### Ingredients:

- 4 Avocados (about 2½ lbs.)
- .5 cup Tomato seeded and diced
- .25 cup Onion , ¼" diced
- 2 Fresh Serrano Chiles , stemmed, seeded, and diced
- 2 Tbsp. Fresh Cilantro , strips
- .25 tsp. Salt
- 2 tsp. Fresh Squeezed Lemon Juice

#### Directions:

1. Halve the avocados, remove pits and scoop meat into a bowl.
2. Add remaining ingredients and blend well, mashing as much as desired. Adjust seasonings as desired.