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Roasted Red Pepper & Garbanzo Goat Cheese Spread

Serves 1

Ingredients:

.5 cup Roasted Red Peppers

2 cups Chickpeas, cooked

3 Tbsp. Lemon Juice

.5 tsp. Cumin

.33 cup Goat Cheese

.25 cup Olive Oil

2 Tbsp. Fresh Parsley Leaves

2 Tbsp. Fresh Mint Leaves

.5 tsp. Black Pepper

Directions:

- 1. Place all ingredients together in food processor. Blend approximately 1-2 minutes until mixture is smooth.
- 2. Place in storage container.
- 3. Label, date and refrigerate.