



## Recipes

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### Mango Sauce

Serves 1

#### Ingredients:

- 2 ripe Mangos , diced
- 2 Tbsp. fresh Lime Juice
- 4 Tbsp. Granulated Sugar
- 1 Tbsp. fresh Orange Juice

#### Directions:

1. Place mangos in blender or processor and blend until smooth. Add lime juice, sugar and orange juice and blend. Add more juice or sugar to taste.
2. TIP: Frozen and preserved mangos may be used if out of season.