

# Recipes

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## **Roasted Onion Dip**

#### Serves 1

Ingredients:

16 oz. Yellow Onions, diced

1.5 Tbsp. Fresh Garlic , chopped

1 tsp. Beef Base

1.5 oz. Olive Oil

3/4 tsp. Black Pepper

1 Tbsp. Water

4 oz. Sour Cream

2 oz. Mayonnaise

1/5 tsp. Ground Horseradish

1/4 tsp. Cayenne Pepper Sauce Pepper

#### Directions:

- 1. Whisk together beef base, olive oil, pepper and water in stainless steel bowl.
- 2. Add in onions and garlic. Stir together until onions and garlic are coated.
- 3. Place in 400° F oven until onions are dark golden brown. Let cool.
- 4. Place onions and remaining ingredients in food processor and puree until smooth.
- 5. Label, date and refrigerate.