

# Recipes

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## Pomegranate Balsamic Glaze

### Serves 1

## Ingredients:

10 oz. Pomegranates Juice

6 oz. Balsamic Vinegar

8 oz. Carrots, chopped

4 oz. Yellow Onions, chopped

4 oz. Pomegranates Seeds

#### Directions:

- 1. Place all ingredients in saucepan over medium high heat.
- 2. Bring to a boil; reduce heat to medium.
- 3. Let liquid reduce by 75% or until glaze reaches a syrup-like consistency.
- 4. Remove from heat and cool. Place through strainer to remove vegetables.
- 5. Label, date and refrigerate.