

Recipes

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Snapper Chimi Primavera

Serves 1

Ingredients:

1/2 Mission® 12" Red Sundried Tomato Basil Wrap (18802)

1/2 cup Brown Rice , cooked, reserved hot4 oz. Skinless Red Snappers Filet, grilled, flaked into chunks, reserved hot

1/2 cup (heaping) Primavera Vegetables (see Related Recipe)

1.5 tsp. Healthy Chimichurri (see Related Recipe)

Directions:

- 1. Cut Mission® Sundried Tomato Basil Wrap in half.
- 2. Warm half of the tortilla for serving.
- 3. Place rice on center of warm tortilla half.
- 4. Top rice with hot snapper, Primavera Vegetables and Healthy Chimichurri.
- 5. With the rounded wrap side facing you (straight end at the top) fold the bottom ¼ of the wrap upwards, roll the right side edge over and across to the left side, creating an open ended wrap.
- 6. Serve.



Healthy Chimichurri

Serves 1

Ingredients:

1 Tbsp. Fresh Cilantro , minced

1 Tbsp. Fresh Parsley, minced

1/4 tsp. Red Wine Vinegar

1/16 tsp. Fresh Cracked Black Pepper

1/2 tsp. Fresh Lime Juice

1/4 tsp. Red Chile Pepper Flakes

Directions:

- 1. Combine all ingredients.
- 2. Reserve.

Primavera Vegetables

Serves 1

Ingredients:

1/4 cup Zucchini , medium dice

1/4 cup Yellow Squash, medium dice

1 Tbsp. Roma Tomato, small dice

1 tsp. Fresh Garlic , minced

Directions:

- 1. Using a minimal amount of pan spray, sauté all ingredients over medium-high heat for five minutes.
- 2. Reserve hot.