



Recipes

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Tzasiki Sauce

Serves 1

Ingredients:

- 16 oz. Cucumbers , deseeded, peeled and cubed
- 8 oz. Plain Yogurt
- 1/4 tsp. Kosher Salt
- 1 Tbsp. Fresh Garlic , chopped
- 1 tsp. Crushed Peppercorns
- 1 Tbsp. Fresh Parsley , chopped

Directions:

1. Place all ingredients except parsley in food processor and puree.
2. Add chopped parsley.
3. Place in a storage container.
4. Label, date and refrigerate.