



## Recipes

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# Tangy Mango Glaze

Serves 1

### Ingredients:

- 2 cups Mangos , peeled, diced and seeded
- 1/2 cup Mango Nectar
- 1/4 cup Dijon Mustard
- 2 Tbsp. Yellow Mustard
- 2 Tbsp. Brown Mustard
- 2 Tbsp. Cider Vinegar
- Salt to taste
- 1 Tbsp. Habenero Chile , seeded and stemmed

### Directions:

1. Place all ingredients in a blender or food processor and puree until smooth.

