

Herb de Provence Roasted Chicken

Serves 1

Ingredients:

1/3 cup Olive Oil4 Tbsp. Herb de Provence1 each Yellow Onion , thinly sliced2 1/2 lbs. Whole Chicken Brest, skin on2 1/2 lbs. Chicken Thighs, skin on

Directions:

1. Whisk oil, sea salt and herbs together in small bowl.

2. Place chicken on large rimmed baking sheet and brush all sides of chicken with herbed oil.

3. Roast chicken at 300F for 2-2/12 hours or until tender and cool slightly.

4. Place chicken on work surface.

5. Brush off excess crispy onions.

6. Shred chicken and hold for terrine.

7. Cool completely. Label, Date and Refrigerate.