

Herb de Provence Roasted Chicken

Serves 1

Ingredients:

1/3 cup Olive Oil

4 Tbsp. Herb de Provence

1 each Yellow Onion , thinly sliced

2 1/2 lbs. Whole Chicken Brest, skin on

2 1/2 lbs. Chicken Thighs, skin on

Directions:

- 1. Whisk oil, sea salt and herbs together in small bowl.
- 2. Place chicken on large rimmed baking sheet and brush all sides of chicken with herbed oil.
- 3. Roast chicken at 300F for 2-2/12 hours or until tender and cool slightly.
- 4. Place chicken on work surface.
- 5. Brush off excess crispy onions.
- 6. Shred chicken and hold for terrine.
- 7. Cool completely. Label, Date and Refrigerate.