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Crispy Fish Parcel

Prep Time: 40 Minutes

Serves 1

Ingredients:

1 each 12" Heat Pressed Flour Tortilla (10430)
1 1/2 Tbsp. Pale Ale Spread, see related recipe
3 each Kettle Chip Crusted Fish Nuggets, see related recipe
2 each Angel Heir Slovy see related recipe

3 oz. vol. Drunken Angel Hair Slaw, see related recipe garnish Potato Crisps

- 1. Place kettle chip crusted fish nuggets in 350 fryer until golden brown and cooked throughout.
- 2. Heat tortilla and place on work surface. Brush pale ale spread evenly over entire tortilla.
- 3. Place kettle chip fish nuggets in center of tortilla. Top with drunken slaw.
- 4. Bring left and right sides of tortilla towards the center and overlap each other.
- 5. Fold bottom part of tortilla to the center of wrap and fold over again to close into a parcel shape.
- 6. Cut in half to serve.
- 7. Serve with a side of potato crisps and malt vinegar.



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Pale Ale Spread

Serves 1

Ingredients:

2 oz. vol. Pale Ale and Malt Vinaigrette, see related recipe

2 oz. Mayonnaise

- 1. Whisk both ingredients together in a mixing bowl.
- 2. Place in squeeze bottle.
- 3. Hold refrigerated until ready for use.



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Kettle Chip Crusted Fish Nuggets

Serves 1

Ingredients:

6 oz. vol. All Purpose Flour

3/4 tsp. Dill

1 tsp. Kosher Salt

16 oz. vol. Eggs Wash

18 oz. wt. Kettle Crisp Potato Chips

1 tsp. Kosher Salt

1 1/2 Tbsp. Parsley

1 1/4 lbs. Fresh Cod or Pollack, cut into 1 oz. portions

- 1. You will need three bowls to set up breading station.
- 2. Whisk flour dill and kosher salt in first bowl.
- 3. Place egg wash in second bowl.
- 4. Place potato chips in food processor and pulse until course crumbs. Place crushed chips in third bowl with salt and parsley.
- 5. Toss fish into flour mixture and shake off excess flour.
- 6. Dip into egg wash and then crushed potato chips.
- 7. Re-dip fish in egg wash and then again in crushed potato chips.
- 8. Place on parchment lined sheet pan.
- 9. Fry immediately or wrap in plastic and freeze until ready for use.



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Drunken Slaw

Serves 1

Ingredients:

3 cups Green Cabbage , finely shredded

1 cup Red Cabbage , finely shredded

1 Tbsp. Capers

2 Tbsp. Gherkins, minced

 ${\bf 4}$ oz. vol. Pale Ale and Malt Vinagrette, see related

recipe

- 1. Place all vegetables together in a mixing bowl.
- 2. Toss together with pale ale vinaigrette.
- 3. Place in covered storage container.
- 4. Hold refrigerated for use.



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Pale Ale and Malt Vinaigrette

Serves 1

Ingredients:

1/3 cup Olive Oil

1/2 cup Yellow Onion, minced

2 tsp. Fresh Garlic, minced

11 oz. Pale Ale

2 tsp. Honey

1 Tbsp. Lemon Juice

1 1/2 Tbsp. Dijon Mustard

1/2 tsp. Kosher Salt

1/4 tsp. Cayenne Pepper

5 Tbsp. Malt Vinegar

- Heat olive oil in sauté pan. Add onions and garlic.
 Sauté until soft and translucent but not brown.
- 2. Add pale ale, honey and lemon juice. Simmer and reduce by 30%. Remove from heat and cool.
- 3. Place in food processor and add Dijon mustard, vinegar and seasonings.
- 4. Place on high to emulsify; about 1-2 minutes.
- 5. Place in squeeze bottle or storage container.
- 6. Hold refrigerated for use.