



Recipes

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Creamy Vinaigrette

Serves 1

Ingredients:

- 1/2 cup Olive Oil
- 1/2 cup Red Wine Vinegar
- 2 Tbsp. Dijon Mustard
- 1 Tbsp. Country Dijon Mustard
- 2 Tbsp. Sour Cream
- 1/2 tsp. fresh Thyme
- 1/2 tsp. Salt (to taste)
- 1/2 tsp. fresh Black Pepper

Directions:

1. In a blender, combine all the ingredients for the creamy vinaigrette and blend until emulsified, about 20 seconds.