



Recipes

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Tzasiki Sauce

Serves 1

Ingredients:

- 16 oz. vol. Plain Greek Style Yogurt
- 10 oz. vol. English Cucumbers , shredded
- 1 tsp. Fresh Garlic , minced
- 1 Tbsp. Fresh Mint Leaves , chopped
- 1 Tbsp. Fresh Dill , chopped
- 1/2 tsp. Kosher Salt

Directions:

1. Fold all ingredients together in a mixing bowl.
2. Place in a storage container. Cover.
3. Label, Date and Refrigerate.