



Recipes

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Southwest Slaw

Serves 1

Ingredients:

- 2 cups Chayote Squash , shredded
- 1 cup Carrots , shredded
- 1/4 cup Green Onion , thinly sliced
- 1 1/2 cups Shredded Cabbage
- 2 Tbsp. Fresh Cilantro , chopped
- 1 1/2 tsp. Fresh Jalapeño , minced
- 1/2 oz. vol. Hot Water
- 1 tsp. Southwest Base (Custom Culinary)
- 1/2 cup Sour Cream
- 1 tsp. Spicy Worcestershire Sauce
- 1 1/2 tsp. Lime Juice

Directions:

1. Toss vegetables together in a mixing bowl. Set aside.
2. In a separate bowl, dissolve southwest base with hot water. Fold in remaining ingredients and whisk together until smooth.
3. Pour over vegetables and toss to coat.
4. Place in a storage container. Label, date and refrigerate.