



## Recipes

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### Parmesan Breading

Serves 1

#### Ingredients:

- 8 oz. vol. Seasoned Flour , see related recipe
- 2 oz. vol. Parmesan Cheese , grated
- 1 Tbsp. Parsley Flakes

#### Directions:

1. Toss all ingredients together in a mixing bowl.
2. Hold at room temperature in airtight container for primavera tacos.

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### Seasoned Flour

Serves 1

#### Ingredients:

- 16 oz. vol. All Purpose Flour
- 1/2 tsp. Cayenne Pepper Sauce
- 1 tsp. Paprika
- 1 tsp. Garlic Powder
- 1.5 tsp. Kosher Salt
- 2 tsp. Black Peppers

#### Directions:

1. Fold all ingredients together in a mixing bowl.
2. Place in an airtight covered storage container.
3. Hold at room temperature.