



## Recipes

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### Parmesan Breading

Serves 1

#### Ingredients:

8 oz. vol. Seasoned Flour , see related recipe  
2 oz. vol. Parmesan Cheese , grated  
1 Tbsp. Parsley Flakes

#### Directions:

1. Toss all ingredients together in a mixing bowl.
2. Hold at room temperature in airtight container for primavera tacos.

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### Seasoned Flour

Serves 1

#### Ingredients:

16 oz. vol. All Purpose Flour  
1/2 tsp. Cayenne Pepper Sauce  
1 tsp. Paprika  
1 tsp. Garlic Powder  
1.5 tsp. Kosher Salt  
2 tsp. Black Peppers

#### Directions:

1. Fold all ingredients together in a mixing bowl.
2. Place in an airtight covered storage container.
3. Hold at room temperature.