

Recipes

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Greek Tuna Tacos

Serves 1

Ingredients:

2 each 6" Whole Grain Flour Tortillas (24861)

3 Tbsp. Dill & Cucumber Yogurt Sauce , commercially available

4 oz. vol. Romaine Lettuce, shredded

2 oz. vol. Carrots, shredded

1 oz. wt. Canned Albacore Tuna in Water, drained

2 Tbsp. Cucumbers , seeded and chopped

2 Tbsp. Tomatoes, seeded and chopped

Directions:

- 1. Heat whole wheat tortillas and brush 1 Tbsp. of Dill & Cucumber Yogurt Sauce on each tortilla.
- 2. Fill each tortilla with half of shredded lettuce, carrots, tuna, cucumber and tomato. Drizzle with remaining yogurt sauce. Serve immediately.