



Recipes

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Roasted Garlic Spread

Serves 1

Ingredients:

- 2 Tbsp. Olive Oil
- 2 large Garlic Heads

Directions:

1. Preheat oven to 350 degrees F. Place garlic heads in a sheet of aluminum foil. Drizzle 1 Tbs. olive oil over each head of garlic and seal garlic in foil. Place on a baking sheet and bake for 1 1/2 hours, or until soft throughout. Set aside to cool.
2. Slice off the top of cooled garlic head across the width, exposing the softened clove. Squeeze the garlic into a bowl, discarding the skins. Mix well by hand or with a processor.