

# Recipes

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### Hot Smoked Salmon & Quinoa Wrap

Prep Time: 10 Minutes

Cooking Time: 15 Minutes

Serves 12

#### Ingredients:

12 each 10" Whole Grain Flour Tortilla (24863)

42 oz. Quinoa, cooked, warm

36 oz. Hot Smoked Salmon, see related recipe

12 oz. Baby Bella Mushrooms, quartered and sautéed

24 oz. Baby Spinach, sautéed with garlic

13 oz. Creamy Whole Grain Mustard Sauce, see

related recipe

Crispy Fried Shallots as needed, see related recipe

#### Directions:

- Steam tortillas until warmed through and flexible.
   Hold warm.
- 2. In steam table pan, combine quinoa, flaked smoked salmon, roasted mushrooms, and spinach; reserve warm.
- 3. To Make Single Serving: Place 3 ounces of filling in the center of each tortilla, drizzle with 2 tablespoons whole grain mustard sauce and top with fried shallots. Fold bottom up and bring left and right sides towards center to fold closed.



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### Creamy Whole Grain Mustard Sauce

Prep Time: 7 Minutes
Cooking Time: 0 Minutes

Serves 1

Ingredients:

2/3 oz. Mayonnaise

1/3 oz. Sour Cream

1/6 oz. Whole Grain Mustard

1/8 each Fresh Lemon , squeezed

Salt and Pepper to taste

#### Directions:

1. In medium mixing bowl, combine all ingredients and stir to blend. Season with salt and pepper. Cover and reserve refrigerated.

### Hot Smoked Salmon

Prep Time: 10 Minutes
Cooking Time: 8 Minutes

Serves 1

#### Ingredients:

1/8 cup Applewood Smoking Chips , soaked with water

1/8 tsp. Kosher Salt

1/8 tsp. Whole Black Peppercorns, toasted

1/8 tsp. Whole Fennel Seeds, toasted

1/8 tsp. Whole Coriander Seeds, toasted

3 oz. Sockeye Salmon Filets , skin on

#### Directions:

- 1. Prepare smoker with soaked applewood chips.
- 2. Combine salt and toasted spices in coffee grinder and pulse 4-5 times, sprinkle spice mixture evenly over salmon and let stand for 10 minutes. Place salmon in smoker, cover and smoke for 6-8 minutes. Remove salmon, remove skin and gently flake into medium size pieces. Reserve refrigerated.



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## **Crispy Fried Shallots**

Prep Time: 5 Minutes

Cooking Time: 1 Minutes

Serves 1

Ingredients:

1 oz. All-Purpose Flour

1/8 tsp. Kosher Salt

1/8 tsp. Black Pepper, finely ground

1/4 each Whole Shallots , peeled and thinly sliced

#### Directions:

- 1. Pre-heat deep fryer to 350°F.
- 2. Combine flour, salt and pepper in mixing bowl. Gently toss sliced shallots in seasoned flour, shake off any excess flour and fry in a deep-fryer for 30-45 seconds or until crisp and golden brown. Drain on paper towels and reserve for assembly.