



## Recipes

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### Grilled Vegetables

Serves 1

#### Ingredients:

1 each med. White Onion , peeled and cut into 1/4 inch rings  
7 each Fresh Pineapples Rings , 1/2 inch  
1 bunch Scallion , rinsed and patted dry  
1 each Lime , juiced  
Kosher Salt , to taste  
Black Pepper , to taste

#### Directions:

1. Pre-Heat grill to medium-high heat. Grill onion rings, pineapple slices and scallions for 45 seconds to 1 minute per side and remove to cutting board. Chop vegetables into smaller pieces and add lime juice and season with salt and pepper. Reserve hot for assembly.