



Recipes

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PB, Fruit & Nut Pinwheels

Prep Time: 5 Minutes

Cooking Time: 0 Minutes

Serves 50

Ingredients:

17 each 12" Whole Wheat Tortilla (10254)

68 oz. Peanut Butter , reduced fat

21.25 oz. Dehydrated Fruit & Nut Mix , commercially prepared

21.25 oz. Spreadable All-Fruit Preserves , transferred to squeeze bottle

50 oz. Low-Fat Yogurt , vanilla or strawberry

Directions:

1. Place tortillas on flat work surface, spread each evenly with 4 oz. reduced fat peanut butter, sprinkle each with 2.5 oz fruit & nut mix, and squeeze fruit preserves evenly over top. Roll tightly lengthwise, refrigerate for 30 minutes and then slice each into 12 to 13 pieces.

2. Serving Instructions: Serve 4 pieces with 1 oz. low-fat yogurt for dipping.