



Recipes

MISSIONFOODSERVICE.COM

Roasted Vegetables

Serves 1

Ingredients:

- 5 oz. Mushrooms
- 5 oz. Eggplants
- 5 oz. Green Bell Peppers
- 5 oz. Red Bell Peppers
- 5 oz. Yellow Onions
- 5 oz. Zucchini
- 5 oz. Yellow Squash

MARINADE:

- 2 oz. Oil
- 2 oz. Dijon Mustard
- 1/4 oz. Basil
- 1/8 oz. Salt
- 1/8 oz. Pepper
- 1/2 oz. Lemon Juice
- 1 oz. Apple Cider Vinegar

Directions:

1. Combine the ingredients for the marinade.
2. Marinate and roast vegetables at 450 degrees F for 10-15 minutes.