



Recipes

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Asian Avocado Spread

Serves 1

Ingredients:

- 1 large Avocado , peeled and seeded
- 1 1/2 oz. Sour Cream
- 1 oz. Whipped Cream
- 2 tsp. Seasoned Rice Wine Vinegar
- 1 tsp. Sesame Oil
- 1 tsp. Black and White Sesame Seeds
- 1/4 tsp. prepared Wasabi Paste
- Salt , to taste
- Pepper , to taste

Directions:

1. Combine all ingredients in a bowl. Set aside until ready to use.