



Recipes

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Tropical Fruit Whole Grain Nachos

Prep Time: 10 Minutes

Cooking Time: 15 Minutes

Serves 12

Ingredients:

12 each 10" Whole Wheat Tortillas (10425)

3/4 cup Agave Nectar

2 Tbsp. Ground Fresh Cinnamon

6 cups Tropical Fruit , chopped , mixed

Pineapple Coconut Glaze , see related recipe

Directions:

1. Pre-heat oven to 350°F.

2. In a small mixing bowl, combine agave and cinnamon, whisk together until well combined.

3. Place tortillas on a cooling rack over a sheet pan. Bake in heated oven until golden and crisp, 12-13 minutes. Remove from oven and immediately brush with agave mix, about 1 Tbsp per tortilla. Allow to cool. Cut into wedges.

4. To plate: Place one tortilla worth of wedges on a plate. Top with ½ cup mixed tropical fruit. Drizzle with 2 Tbsp. pineapple glaze.



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Pineapple Coconut Glaze

Prep Time: 5 Minutes

Cooking Time: 0 Minutes

Serves 1

Ingredients:

1/8 cup Cream of Coconut

1/8 cup Pineapple Juice , reduced by half

5/8 tsp. Lime Zest , fresh

Directions:

1. In a small mixing bowl combine all ingredients. Whisk well to combine. Reserve.