

Recipes

MISSIONFOODSERVICE.COM

Related Recipe(s) on the Following Page(s)

Coast Line Fish Tacos

Prep Time: 35 Minutes

Cooking Time: 10 Minutes

Serves 12

Ingredients:

24 each 4.5" White Corn Tortillas (20123)
Chili-Lime Marinade, see related recipe
3 lbs. Sea Bass Filet (or other mild white fish), raw
2 1/4 lbs. Refried Beans, prepared, warm
1 1/2 lbs. Yellow Rice, prepared, warm
Pickled Jalapeno and Lime Relish, see related recipe

Directions:

- 1. Preheat open flame grill to medium-high heat.
- 2. Combine fish and chili-lime marinade in non-reactive container, cover and marinate under refrigeration for at least 30 minutes.
- 3. To Prepare Fish: Remove fish from marinade and grill on each side for 4 to 5 minutes or until cooked through.
- 4. To Prepare Each Serving (2 tacos per serving): Spread 1½ tablespoons refried beans down center of each warm corn tortilla, portion 1 tablespoon rice over top of beans, arrange 1¾ oz. flaked grilled fish, then top with 1 teaspoon pickled jalapeno and lime relish. Serve 2 tacos per serving and enjoy.



Chili-Lime Marinade

Serves 1

Ingredients:

3 Tbsp. Lime Juice

2 Tbsp. Lime Zest

4 1/2 tsp. Chile Powder

1 1/2 tsp. Kosher Salt

1 1/2 tsp. Olive Oil

Directions:

1. Combine all ingredients and reserve.

Pickled Jalapeno and Lime Relish

Serves 1

Ingredients:

1/2 cup Water

1/4 cup Sugar

1/2 cup White Wine Vinegar

1/4 cup Jalapeño, fresh, seeded, diced

1 Tbsp. Lime Zest

Directions:

 In small saucepan, combine water, sugar and vinegar and heat over medium heat until sugar is dissolved.
 Remove from heat and pour over jalapeno and lime zest; reserve refrigerated.