



## Recipes

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### Tzatziki Sauce

Prep Time: 10 Minutes

Serves 1

#### Ingredients:

1 each Cucumber , peeled , finely grated  
14 oz. Greek Yogurt  
4 each Garlic Cloves , minced  
2 tsp. Mint , dried  
1 Tbsp. Red Wine Vinegar  
2 tsp. Extra-Virgin Olive Oil  
Salt and Pepper to taste

#### Directions:

1. Using a cheesecloth or sieve, press the cucumber to remove as much excess liquid as possible. Combine with yogurt, garlic, mint, vinegar and oil. Mix well to combine, season to taste. Reserve refrigerated.