

# Recipes

#### MISSIONFOODSERVICE.COM

Related Recipe(s) on the Following Page(s)

## Arroz con Leche with Manjar Blanco

Prep Time: 10 Minutes

Cooking Time: 60 Minutes

Serves 12

### Ingredients:

24 each 6" Heat Pressed Flour Tortillas (10400)

3 cups Short Grain Rice

1 qt. Water

1 Tbsp. Cinnamon, ground

1/4 tsp. Clove, ground

1/8 tsp. Nutmeg, ground

1 Tbsp. Vanilla Extract

4 oz. Evaporated Milk

4 1/2 oz. Sweetened Condensed Milk

3 Tbsp. Coconut, shredded, unsweetened

3 Tbsp. Raisins

2/3 cup Sugar

Egg Wash, as needed

Manjar Blanco, see related recipe

#### Directions:

- 1. In a large stock pot over medium heat, add rice, water, cinnamon, cloves and nutmeg. Bring to a boil, reduce heat to low, and allow to simmer for 40 minutes, or until water is absorbed. Stir occasionally.
- 2. In a separate bowl, combine vanilla, milk, coconut, raisins and sugar. Mix well to combine.
- 3. Remove rice from heat and stir in milk mixture. Combine well to ensure even distribution. Chill.
- 4. To make: Pre-heat deep fryer to 350°F. In each tortilla, place 3 tbsp. Arroz con Leche. Brush edges with egg wash, and roll using an eggroll technique by folding in edges and rolling to seal. Deep fry for 3-5 minutes or until outside is golden brown and inside reaches 165°F. Serve two to a plate with ¼ cup Manjar Blanco.



## Manjar Blanco

Prep Time: 5 Minutes

Cooking Time: 60 Minutes

Serves 1

### Ingredients:

1 3/4 fl. oz. Condensed Milk

1 1/2 oz. Sweetened Condensed Milk

1/8 tsp. Baking Soda

1/8 tsp. Vanilla Extract

1/8 oz. Light Corn Syrup

#### Directions:

- 1. In a large sauce pot (copper bottomed suggested) over medium heat, combine milks and soda. Bring to a low boil, whisking constantly (will foam over if not careful). Reduce to a low heat, whisking until foaming stops and volume decreases.
- 2. Continue cooking on low heat, and reduce by 1/3 (about 45 minutes), stirring occasionally to prevent scorching. The sauce should be a medium caramel color. To check for readiness, place a small amount on a spoon and allow to cool; ready when sauce becomes thick.
- 3. Remove from heat, stir in vanilla. Cool completely, stirring occasionally. Store in an airtight container at room temperature.