

Recipes

MISSIONFOODSERVICE.COM

Peruvian Empanada

Prep Time: 15 Minutes

Cooking Time: 30 Minutes

Serves 18

Ingredients:

18 each 6" Heat Pressed Flour Tortillas (10400)

2 Tbsp. Vegetable Oil

3 each White Onions, diced

2 each Garlic Cloves, minced

1 lb. Ground Beef

2 Tbsp. Cumin, ground

1 tsp. Chile Powder

1 Tbsp. Smoked Paprika

1/2 Tbsp. Black Pepper

1 cube Beef Bouillon

1/4 cup Water, hot

1 Tbsp. Aji Amarillo Paste

2 Tbsp. Flour

1/2 cup Raisins

1/2 cup Olives, chopped

3/4 cup Eggs , hard boiled , chopped

Egg Wash, as needed

Milk, as needed

Sugar, as needed

18 each Limes Wedges

Directions:

- 1. Pre-heat oven to 350°F.
- 2. In a large sauté pan over medium-low heat, add oil and onions. Heat until softened. Add garlic. Cook an additional 2-3 minutes. Add ground beef, increase heat to medium, allow to brown for 2-3 minutes, and add the cumin, chile powder, paprika, salt and pepper. Allow to cook until ground beef is done.
- 3. Dissolve beef bouillon in hot water, add Aji Amarillo paste. Mix well to combine. Add to pan, add flour, and mix well. Add raisins and olives and cook 5-10 minutes. Reserve warm.
- 4. To Bake: on each tortilla, scoop 2.0 oz. of filling into center. Top with 1 tbsp. chopped egg. Brush egg wash around edges, and fold over to form an empanada. Brush the tops with milk and sprinkle with sugar. Bake in the oven for 15-20 minutes, or until golden brown on the outside and hot on the inside.