



Recipes

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Cajun Spice Blend

Prep Time: 2 Minutes

Serves 1

Ingredients:

- 7 tsp. Salt
- 3 1/2 Tbsp. Oregano , dried
- 3 1/2 Tbsp. Paprika
- 5 tsp. Cayenne
- 3 1/2 tsp. Black Pepper
- 5 tsp. Garlic Powder
- 3 1/2 tsp. Red Pepper Flakes
- 3 1/2 tsp. Onion Powder

Directions:

1. Combine all ingredients in a spice grinder and blend until consistent and finely ground