

Recipes

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Orange Beet Slaw

Cooking Time: 10 Minutes

Serves 1

Ingredients:

1/2 cup Yogurt , plain

1 Tbsp. Sesame Oil

1/4 cup Orange Juice

1 Tbsp. Lime Zest

2 Tbsp. Orange Zest

2 Tbsp. Rice Vinegar

1 cup Beet , cooked, shredded

2 cups Green Cabbage , shredded

1/2 cup Green Onion, slivered

1/2 cup Pistachios, chopped

Directions:

1. In a bowl, combine yogurt, sesame oil, orange juice, zests, and rice vinegar. Mix well to combine. Toss remaining ingredients in dressing and refrigerate for service.