

# Recipes

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## Pesto

#### Serves 1

### Ingredients:

1/2 cup canned roasted Red Bell Pepper

2/3 cup fresh Basil

2/3 cup fresh Parsley

2/3 cup fresh Cilantro

4 cloves Garlic

4 Tbsp. freshly grated Romano Cheese

2 Tbsp. toasted Pine Nuts

3 Tbsp. Extra Virgin Olive Oil

1 Tbsp. Lime Juice

#### Directions:

1. Place pesto ingredients in a food processor and pulse until thoroughly combined.