



Recipes

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Almond Butter Pinwheel

Serves 12

Ingredients:

12 each 8" Smart Hearty Grains Tortilla (47087)
3 cups Almonds Butter, prepared
3/4 cup Almond pieces, toasted
3 cups Blueberry and Chia Jam , see related recipe
3 cups Honey Yogurt Sauce, see related recipe

Directions:

1. To prepare one pinwheel, lay the tortilla on a clean work surface. Evenly spread 2 oz. almond butter, sprinkle 1tbsp. almond pieces, and drizzle with 2 oz. Blueberry and Chia Jam.
2. Begin at the bottom of the tortilla and roll tightly to form a cylinder. Slice into 12 equal pinwheel portions.
3. Serve with 2 oz. Honey Yogurt Sauce on the side for dipping.

Blueberry and Chia Jam

Serves 1

Ingredients:

2 cups Blueberry Jam
3/4 cup Water
2 oz. Chia Seed

Directions:

1. Combine Chia, water, and blueberry jam and mix. Refrigerate overnight or until seeds have hydrated.
 2. Store in refrigerator until ready to use.
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Honey Yogurt Sauce

Serves 1

Ingredients:

21 fl. oz. Greek Yogurt

3 fl. oz. Honey

3 Tbsp. Lemon Zest

Directions:

1. Combine Greek yogurt, honey, and lemon zest
2. Refrigerate until ready to use.