



Recipes

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Dirty Rice and Bean

Prep Time: 15 Minutes

Cooking Time: 8 Minutes

Serves 1

Ingredients:

- 1 Tbsp. Unsalted Butter
- 1 1/2 oz. Onion , small dice
- 1/4 oz. Garlic , peeled, minced
- 3/4 oz. Bell Pepper , small dice
- 5 1/4 oz. Brown Rice , prepared
- 5 1/4 oz. Red Beans , prepared
- 3/4 oz. Corn Kernels
- 1/4 cup Chicken Stock
- 5 1/4 oz. Andouille Sausage , cooked, sliced
- 5 1/4 oz. Crawfish , cooked
- 1 tsp. Cajun Seasoning , prepared

Directions:

1. In a large skillet on medium heat, melt butter and add onion, garlic, and bell pepper cooking until fragrant and semi-translucent.
2. Fold in remaining ingredients stirring often heating mixture through. Hold hot for service.