

Recipes

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Cajun Crawfish Taco

Serves 1

Ingredients:

1 6" Blue Corn Tortilla (10612)

1 batch Louisiana Dirty Rice Mix

1/2 cup Crawfish & Sausage Sauté (see Related

Recipe)

1/2 cup Cooked Kidney Beans

2 tsp. Chopped Parsley

Directions:

- 1. Prepare rice according to package instructions. Set Aside.
- 2. Fry Tortilla in a 350°F fryer for approximately 30-40 seconds or until bubbling stops and desired color is achieved.
- 3. Fill Tortilla with 1½ cups warm rice, crawfish mixture and kidney beans in center of wrap. Sprinkle with parsley and serve.

Crawfish & Sausage Sauté

Serves 1

Ingredients:

1/4 oz. (1/4 cup) Olive Oil

1/3 oz. (1 cup) Chopped Onion

1 3/5 oz. (1 1/3 cups) Chopped Celery

1/3 oz. (1 cup) Chopped Green Bell Pepper

2 1/2 oz. (8 cups) Sliced Andouille Sausages

1 oz. (4 cups) Cooked & Shelled Crawfish

Directions:

1. In a large skillet, heat oil over medium heat. Sauté onions, celery and bell pepper until softened, about 3 minutes. Add sausage and continue to cook for 5 more minutes. Add crawfish and cook for 3 more minutes. Set aside.