



Recipes

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BBQ Bourbon Pulled Jackfruit

Serves 1

Ingredients:

- 1 1/2 cups Bourbon
- 3 cups BBQ Sauce
- 6 cups Young Jackfruit, canned, drained and pulled

Directions:

1. Combine bourbon and BBQ sauce in a sauce pan over med to low heat. (be careful of flare-ups) reduce until bourbon is cooked out and sauce comes together with BBQ-like consistency.
2. Add pulled jackfruit and mix until mixture is heated through.
3. Hold hot for service.